Learning – Career Planner

Middle/Junior High School

"Managing Your Pathway Through Life"

Student Name: ID #:

CAREER PLANNING CHECKLIST

- Review high school graduation requirements
- Visit school/community career centre
- Identify life/work interests/options
- Develop/review junior high learning plan
- Develop/review senior high learning plan
- Strengthen study/learning skills
- Discuss plans with parents
- Discuss plans with teacher advisor
- Develop job search techniques
- Participate in work site learning
- Identify occupation options
- Build personal career planning reference guide

CAREER GOALS

<table>
<thead>
<tr>
<th>Grade</th>
<th>Career Goals</th>
<th>Reasons</th>
<th>Steps to Success</th>
<th>Date</th>
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CONSULTATION

<table>
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<tr>
<th>Grade</th>
<th>Participants (teachers, counsellor, parents)</th>
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EDUCATION INFORMATION

Course: __________________________
Course: __________________________
Course: __________________________
Course: __________________________
Second Languages: __________________________
Course: __________________________
Course: __________________________
Course: __________________________
Course: __________________________
Course: __________________________
Course: __________________________
Course: __________________________

Other Courses: __________________________
Course: __________________________
Course: __________________________
Course: __________________________

Transfer/Challenge Courses for Senior High School

Average (overall)
Attendance (days missed)

Self-assessment Inventories

- Interests
- Aptitudes
- Values
- Skills
- Work Preferences
- Personality
- Learning Styles

Investigations

- Learning/Work
- Career Fair
- Job Shadowing
- Occupational Interview
- Mentoring Experiences

STUDENT EXPERIENCES

School Activities (clubs, athletics)

Other Activities (clubs, hobbies, athletics)

PERSONAL PROFILE

Major strengths: What I'm good at

Diseases: What I struggle with

Favorite subjects: What courses do I enjoy the most

Recognition: What I have earned (awards, certificates, licenses)

Vision: What is important to me

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- Build personal career planning reference guide

Career Goals | Reasons | Steps to Success | Date
--- | --- | --- | ---

Date | Participants | Items Discussed and Follow-up | Signatures
--- | --- | --- | ---

Students | Teacher/Counsellor | Parent/Guardian

CAREER PLANNING ACTIVITIES

| DATE | GRADE | DESCRIPTION |
--- | --- | ---

Self-assessment Inventories
- e.g., Interests
- Values
- Skills
- Work Preferences
- Personality
- Learning Styles

Investigations
- e.g., Learning/Work
- Career Fair
- Job Shadowing
- Occupational Interview
- Mentoring Experiences

EDUCATION INFORMATION

| GRADE | GRADE | GRADE |
--- | --- | --- |

English Language Arts
Social Studies
Mathematics
Science
Physical Education
Health and Life Skills

Transfer/Challenge Courses
for Senior High School

PERSONAL PROFILE

| | | |
--- | --- | ---

Interests: What I like to do
Competencies: What I do well (academic, technical, essential)
Values: What is important to me
Favourite Subjects: What courses do I enjoy the most
Recognition: What I have earned (awards, certificates, licenses)

STUDENT EXPERIENCES

| | | |
--- | --- | ---

Volunteer Experience (school, community)
Work (paid/unpaid)
Other Activities (clubs, hobbies, athletics)

Learning—Career Planner

Teacher/Counsellor

Middle/Junior High School

Student Name: ID #:

"Managing Your Pathway Through Life"

CAREER PLAN-IT

Name:

CAREER GOALS

GRADE

GRADE

GRADE

GRADE

GRADE

CAREER PLANNING CHECKLIST

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- visit school/community career centre
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EDUCATION INFORMATION

Career Planning Principles

1. Change is constant
2. Follow your heart
3. Team up with your allies / Be an ally
4. Learning is ongoing
5. Focus on the journey

Believe in yourself!

Student Learning—Career Planner

Student Name: ID #:

School Year Teacher/Counsellor

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<tr>
<th>School</th>
<th>Year</th>
<th>Teacher/Counsellor</th>
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CAREER PLANNING ACTIVITIES

Self-assessment Inventories
- e.g., Interests
- Aptitudes
- Values
- Skills
- Work Preferences
- Personality
- Learning Styles

Investigations
- e.g., Learning/Work
- Career Fair
- Summer Jobs
- Senior Research
- Job Shadowing
- Occupational Interview
- Mentoring Experiences

STUDENT EXPERIENCES

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Learning–Career Planner

Teacher/Counsellor
Student Name: ID #:

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Middle/Junior High School

CAREER PLAN-IT

Learning and Teaching Resources Branch

Name:

Career Goals Reasons Steps to Success Date

EDUCATION INFORMATION

CAREER PLANNING ACTIVITIES

Self-assessment Inventories

Investigations

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Believe in yourself

PERSONAL PROFILE

STUDENT EXPERIENCES

Interests: What I like to do

Competencies: What I do well (academic, technical, essential)

Values: What is important to me

Favourite Subjects: What courses do I enjoy the most

Recognition: What I have earned (awards, certificates, licenses)

Believe in yourself

En route to graduation

1. Change is constant
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